

Please follow level 2 guidelines

When you attend an appointment at Level 2, please follow the guidelines below. These are in place to keep everyone safe and reduce the risk of any possible exposure.



Wear a mask

Please wear a mask during your appointment. If you forget, we can provide one. If you have a condition that prevents wearing a mask, we will be able to see you online instead.



Complete any forms and arrive on time

Fill in any paperwork before you arrive. Aim to arrive on time, and not too early. This helps us to maintain social distancing.



Just bring yourself

So that we have fewer people in the waiting area, please avoid bringing anyone along with you, wherever possible.



Social distancing

Maintain social distancing of 1 metre where possible, including while queuing or sitting in the waiting area.



Scan the QR on arrival

Scan in when you arrive using the COVID-19 Tracer app. Alternatively, please provide your details to reception who will sign you in manually.



Use hand sanitiser

Use hand sanitiser when arriving and leaving. Wash your hands frequently. This adds another layer of protection for you and others.



If unwell, stay home

If you are experiencing cold or flu-like symptoms, please let us know and we'll move your appointment online if possible.